



World Rugby Anti-Doping

KEEPING RUGBY CLEAN



SAMPLE COLLECTION



URINE SAMPLE



Notification

-No advance notification will be sent.

Selection of Collection Vessel

Provision of Sample

Volume of Urine

--100 mL urine sample will be collected

Selection of Sample Collection Kit

-Urine sample has to pass a certain criteria for it to be admissible

SAMPLE COLLECTION

URINE SAMPLE

Splitting of Sample

-Athlete to split sample into A and B bottles in front of the tester

Sealing of Sample

Measurement of Specific Gravity

Paperwork

Analysis

Sanctions



THERAPEUTIC USE EXEMPTIONS

For TUE Approval - players must submit an application to World Rugby or National Anti-Doping Organization

- Have supporting medical records to justify use
- TUE should be approved before starting treatment
- Emergency situations are exempted





Checking Medications/Ingredients

Refer to: www.GLOBALDRO.com



IN AND OUT OF COMPETITION

WADA PROHIBITED LIST



- ✘ Anabolic Steroids
- ✘ Growth Hormones
- ✘ Beta-2 Agonist
- ✘ Hormone/Metabolic Regulators
- ✘ Blood Manipulation
- ✘ Gene Doping
- ✘ Diuretics and other Masking Agents

IN COMPETITION ONLY

WADA PROHIBITED LIST



Stimulants

- a. Cocaine
- b. MHA/Ecstasy



Narcotics

- a. Fentanyl
- b. Morphine
- c. Oxycodone



Cannabidoids



Glucocorticosteroids

VIOLATIONS

- Presence of a prohibited substance or method
- Use or attempted use of a prohibited substance or method
- Refusal or failure to comply with a request to provide a sample
- Possession of prohibited substances or methods
- Tampering or attempted tampering with any part of Doping Control



VIOLATIONS

Tampering or attempted tampering with any part of Doping Control

Violation of whereabouts requirements

Administration or attempted administration of a prohibited substance or method

Trafficking or attempted trafficking of a prohibited substance or method

Complicity

Prohibited Association





QUESTIONS?

You may reach out to
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visit worldrugby.com

